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Atherosclerosis

Purusharth Kumar Sharma

Student of BDS at RDCH RUHS

OBJECT

Atherosclerosis is a disease state of heart which acts as the base of other disease of heart. so my research work is to dissolve this plaque more efficiently with less side effect and more effectively.

METHOD

This plaque is majorly formed by cholesterol (LDL) so to dissolve this first we need to decrease the formation this LDL so there is composition of chemical which lead to decrease or stop the formation of LDL in liver after the mevolanate formation as we all know mevalonate is important for us. All receptor will accept this composition first it decrease the formation of veldt and then it start removing the plaque which is already present in the artery wall. It can be given to a patient also who are at the border of having atherosclerosis. Also given to a patient who are having sedentary life style

OBSERVATION

The plaque is dissolved with very less side effect like urine colour will change into yellow if given then prescribed dose constipation can occur. Dizziness may occur if dose interval is not maintain Cannot given to a patient suffering from asthma and liver cirrhosis

RESULT

If given in prescribed amount then it will reduce plaque as it is a good lipid lowering agent as it is better than beta blocker and calcium channel blocker and increase synthesis of HDL.

CONCLUSION

So my research can be used in clinical practice.